

ESIC Medical College & Hospital, Hyderabad

Time table for 1<sup>st</sup> MBBS Students Batch 2019-2020

From 1<sup>st</sup> September 2019

Day	9-10 AM	10-11 AM	11-12Noon	12-1.00 PM	1-2 PM	2-4 PM			4-5 PM
						Biochemistry	Anatomy	Physiology	
Monday	Professional Development including Ethics*/Formative Assessment*		Biochemistry (Theory)	Physiology (Theory)	L U N C H  B R E A K	Practical's			Sports and Extracurricular Activities
						A	B	C	
Tuesday	Dissection	Dissection	Community Medicine (Theory/SGT)	Anatomy (Theory)		B	C	A	Sports and Extracurricular Activities
Wednesday	Dissection	Dissection	Anatomy (Theory)	Physiology (Theory)		C	A	B	Sports and Extracurricular Activities
Thursday	Dissection	Dissection	Physiology (Theory)	Anatomy (Theory)		Physiology Tutorials/SGT			Sports and Extracurricular Activities
Friday	Dissection/ Tutorials/SGT	Dissection/ Tutorials/SGT/SDL	Biochemistry Tutorials/SGT/SDL**	Physiology Tutorials /SGT		Physiology (SGT)			Sports and Extracurricular Activities
Saturday	Early Clinical Exposure***		Anatomy (Theory)	Biochemistry (Theory/ Integrated Teaching)		2-3PM	3-4PM		4-5PM
						Anatomy (Theory/ Integrated Teaching )	Physiology (Integrated Teaching/ SDL)		Biochemistry (Tutorials/SGT/SDL)

Community Medicine

*P. P. Pandey*  
कम्यूनिटी मेडिसिन विभाग  
Department of Community Medicine  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038

*San*

Anatomy

*Alap*  
अनाटमी विभाग  
Department of Anatomy  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Reddy Nagar, Hyderabad-038.

Physiology

*V. Mallikarjuna*  
फिजियोलॉजी विभाग  
Department of Physiology  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038.

Biochemistry  
*V. Ramprasad*

बायोकेमिस्ट्री विभाग  
Department of Biochemistry  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038



5

ESIC Medical College, Sanathnagar, Hyderabad  
FOUNDATION COURSE  
TIME TABLE  
MBBS 2019-2020

Total number of hours: 175

College timings: 8.00 AM TO 5.00 PM ( LUNCH BREAK 1-2 PM)

**FIRST WEEK:** ORIENTATION COURSE (6X6=36 HOURS)

FROM SECOND WEEK ONWARDS: SKILLS (35 hours) AND LANGUAGE & Computer (40 hours)

**FIRST WEEK:** ORIENTATION PROGRAM OBJECTIVES:

1. To provide the first year MBBS student an orientation to :
  - a. The institution
  - b. The profession and physician's role in society
  - c. The MBBS programme
  - d. Health care system and its delivery
  - e. Alternate health systems and their relevance to modern medicine in the country
  - f. Medical ethics, attitudes and professionalism
  - g. National health policies and priorities
  - h. Patient safety and biosafety procedures
- 1) Doctor's role in Society (4 hours)
  - a) Expectations of society from doctors
  - b) Expectations of patients from doctors
  - c) Expectation of the profession from its members
  - d) Roles and responsibilities of doctors
  - e) Gender sensitivity
- 2) What can the student expect (2 hours)
  - a) From the society and nation
  - b) From the institution
  - c) From teachers

Hand's signature

① Community medicine

K. R. B. N. D.  
कम्युनिटी मेडिसिन विभाग  
Department of Community Medicine  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038.

② Anatomy

for  
अनाटमी विभाग  
Department of Anatomy  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038.

③ physiology

V. Madhavi  
फिजियोलॉजी विभाग  
Department of Physiology  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038.

④ Biochemistry

V. Sampath

बायोकेमिस्ट्री विभाग  
Department of Biochemistry  
क.रा.बी.नि. मेडिकल कॉलेज-सनतनगर  
ESIC Medical College-Sanathnagar  
संजीव रेड्डी नगर, हैदराबाद-038.  
Sanjeev Reddy Nagar, Hyderabad-038.



- d) From peers and colleagues
- e) From patients
- 3) Orientation of the student to: (3+4+4+6)
  - a) Rules and regulation
  - b) Facilities
  - c) Faculty
  - d) Facility visits – library, hostels, sports ground, common rooms (4 hours)
  - e) Library visits and facility orientation (with task or reflection)
  - f) Hospital visit
- 4) Overview of the MBBS programmes (4+2+2+2+1)
  - a) Curriculum description
  - b) Career pathways & personal growth
  - c) Role at various levels of health care delivery system
  - d) Skill requirements and certifications
  - e) Examinations
  - f) University rules regarding examinations and attendance
- 5) Learning skills
  - a) Study Skills / Learning pedagogy
  - b) Self directed learning
  - c) Learning strategies
  - d) Community based learning
  - e) Peer assisted learning
  - f) Self directed learning
  - g) Use of online learning
  - h) Group learning
  - i) Assessment driven learning
  - j) Simulation based learning
  - k) Learning from patients and other members of the health care team
- 6) Language and Communication skills
- 7) Group dynamics

- 8) Working within a health care team
- 9) Documentation and the medical record
- 10) Interpersonal communication
- 11) Relating to patients experience of the disease
- 12) Communication with patients and families
- 13) Need based access to learning English and or local language of communication
- 14) Professionalism attitude and ethical
  - a. Concept of professionalism and ethics
  - b. Consequences of unethical and unprofessional behaviour
  - c. Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients
  - d. Functioning as part of a health care team
- 15) Safety
  - a. Hand washing
  - b. Needle / scalpel stick injuries
  - c. Immunisation requirements of health care professionals
  - d. Concept of biosafety
  - e. Handling biomaterial / biowaste management
- 16) Orientation to community
  - a. Visit a community health center
  - b. Introduction to health care workers and their role
  - c. Introduction to and interaction patients
- 17) Skills program
  - a. BLS
  - b. first aid / CPR
- 18) Introduction to alternate health care systems and their relevance and relationship to the practice of modern medicine



**Table : Foundation Course (one month)**

Subjects/ Contents	Teaching hours	Total hours
Orientation <sup>1</sup>	30	30
Skills Module <sup>2</sup>	35	35
Field visit to community health center	8	8
Professional Development including ethics		40
Sports and Extracurricular activities	22	22
Enhancement of language/ computer skills <sup>3</sup>	40	40
		175



**First week-foundation course**

	8-9 AM	9-10 AM	10-11 AM	11-12 noon	12-01 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Thursday 01-08-2019	Welcome Address By Dean	Rules and Regulations & Facilities Introduction of Faculty MEU			Hostels Visit Wardens & their staff	Lunc h	Library & common rooms visits Chief librarian & staff	Sports ground Visit and Facilities Sports Committee Members	Sports activity (PD)
Friday 02-08-2019	Language class English/ local	Doctors Role in Society <ul style="list-style-type: none"><li>• Expectations of society from doctors</li><li>• Expectations of patients from doctors</li><li>• Expectation of the profession from its members</li></ul>		<ul style="list-style-type: none"><li>• Roles and responsibilities of doctors</li><li>• Gender sensitivity</li><li>• Principles of family practice</li></ul>		Lunc h	Student expectations <ul style="list-style-type: none"><li>• From the society and nation</li><li>• From the institution</li><li>• From teachers</li><li>• From peers and colleagues</li><li>• Form patients</li></ul>		Sports activity (PD)
Saturday 03-08-2019	Language class English/ local	Curriculum description: Overall & Preclinical Co-ordinator MEU Respective HODs of Preclinical Departments				Lunc h	Career pathways & personal growth		Sports activity (PD)
Monday 05-08-2019	Language class English/ local	Role at various levels of heath care delivery system		Skill requirements and certifications - Sensitisation		Lunc h	Examinations University rules regarding examinations and attendance		Sports activity (PD)
Tuesday 06-08-2019	Language class English/ local	Hospital visit Faculty of Clinical Departments							Sports activity (PD)
Wednesda y 07-08-2019	Language class English/ local	Library visits and facility orientation Library Committee Members, Chief librarian & staff				Lunc h	Reflections/ feedback Curriculum committee and MEU		Sports activity (PD)



**Second week- foundation course**

	8-9 AM	9-10 AM	10-11 AM	11-12 noon	12-01 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Thursday 08-08-2019	Language class English/ local		Language and Communication skills & Interpersonal communication		Learning strategies / Study Skills	Lunc h	Group Dynamics		Sports activity (PD)
Friday 09-08-2019	Language class English/ local		Diagnosing a Good Doctor Skills relating to patients experience of the disease and Communication with patients and families		Peer assisted learning and group learning	Lunc h	Professionalism and Ethics in Medicine		Sports activity (PD)
Saturday 10-08-2019	Language class English/ local		Working within a health care team		Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients	Lunc h	Consequences of unethical and unprofessional behaviour		Sports activity (PD)
Monday 12-08-2019	Holiday								
Tuesday 13-08-2019	Language class English/ local		Learning from patients and other members of the health care team		Introduction to alternate health care systems and their relevance and relationship to the practice of modern medicine	Lunc h	COMPUTER SKILLS		Sports activity (PD)
Wednesda y 14-08-2019	Language class English/ local		Assessment driven learning & Simulation based learning		Community based learning	Lunc h	COMPUTER SKILLS		Sports activity (PD)



**Third week-foundation course**

	8-9 AM	9-10 AM	10-11 AM	11-12 noon	12-01 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Thursday 15-08-2019	<b>Independence day</b>								
Friday 16-08-2019	Language class English/ local	COMPUTER SKILLS E-Library	Use of online resources for learning MEU Faculty			Lunc h	Self directed learning MEU Faculty	Sports activity (PD)	
Saturday 17-08-2019	Language class English/ local	COMPUTER SKILLS E-Library	Stress management, Time management, value education & meditation MEU Faculty / Guest Speakers			Lunc h	Extracurricular activity MEU Faculty	Sports activity (PD)	
Monday 19-08-2019	Language class English/ local	COMPUTER SKILLS E-Library	Stress management, Time management, value education & meditation MEU Faculty / Guest Speakers			Lunc h	Extracurricular activity MEU Faculty	Sports activity (PD)	
Tuesday 20-08-2019	Language class English/ local	COMPUTER SKILLS E-Library	Stress management, Time management, value education & meditation MEU Faculty / Guest Speakers			Lunc h	Extracurricular activity MEU Faculty	Sports activity (PD)	
Wednesda y 21-08-2019	Language class English/ local	COMPUTER SKILLS E-Library	Stress management, Time management, value education & meditation MEU Faculty / Guest Speakers			Lunc h	Extracurricular activity MEU Faculty	Sports activity (PD)	



**Fourth week- foundation course**

	8-9 AM	9-10 AM	10-11 AM	11-12 noon	12-01 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Thursday 22-08-2019	Language class English/ local	Ice breaking and peer interaction							Sports activity (PD)
Friday 23-08-2019	Language class English/ local	Visit a community health centre (field visit) AND Introduction to and interaction with patients				Lunch	Introduction to health care workers and their role		Sports activity (PD)
Saturday 24-08-2019	Holiday								
Monday 26-08-2019	Language class English/ local	Visit a community health centre (field visit) AND Introduction to and interaction with patients				Lunch	Introduction to health care workers and their role		Sports activity (PD)
Tuesday 27-08-2019	Language class English/ local	Visit a community health centre (field visit) AND Introduction to and interaction with patients				Lunch	Introduction to health care workers and their role		Sports activity (PD)
Wednesda y 28-08-2019	Language class English/ local	Visit a community health centre (field visit) AND Introduction to and interaction with patients				Lunch	Introduction to health care workers and their role		Sports activity (PD)



**Fifth week-foundation course**

	8-9 AM	9-10 AM	10-11 AM	11-12 noon	12-01 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
Thursday 29-08- 2019	Language class English/ local	<ul style="list-style-type: none"><li>• Hand washing</li><li>• Prevention and management of needle stick injuries in health care settings</li><li>• Immunisation requirements of health care professionals</li><li>• Concept of bio safety</li><li>• Safe Transfusion (</li><li>• Handling biomaterial / Bio waste management</li></ul> Pathology, Transfusion medicine and Microbiology departments							Sports activity (PD)
Friday 30-08- 2019	Language class English/ local	BLS workshop							Sports activity (PD)
Saturday 31-08- 2019	FIRST AID workshop							Valedictory	